

2010 BLADES OF MARCH ISI OPEN COMPETITION

Sat. & Sun. March 6 & 7, 2010

Parade Ice Garden, Minneapolis Minnesota

600 Kenwood Parkway

Minneapolis MN 55403

COMPETITION ANNOUNCEMENT AND GENERAL INFORMATION

For directions, updated Competition Schedules and Information please check our web site frequently at www.sqsaparade.com under the Blades of March competition button or see the final page of this information packet for the email contact information to the competition referee, competition chair, and competition registration.

The competition is for all levels of achievement and will include the following events:

Pre-Alpha thru Delta, FS1 thru FS10 Program	Spotlight (Alpha through Freestyle 10)
Pre-Alpha through Freestyle 3 Stroking	Spotlight Couples (Low through High)
Freestyle 1 through 10 Compulsory	*Team Compulsory (Freestyle 1 through 10)
Freestyle 1 through 10 Footwork	*Synchronized Skating
Freestyle 1 through 10 Interpretive	*Synchronized Skating Compulsory
Jump & Spin (Low through High)	*Synchronized Formation
FS 1 through 10 Special Skaters	*Synchronized Formation Compulsory
Rhythmic Skating with prop (FS 1-10)	*Family Spotlight
NEW for 2010: Open Freestyle (Bronze FS1-3; Silver FS4-5, Gold FS5-6, Platinum FS7-10)	
NEW for 2010: Artistic (FS6-10 or Open Gold and Open Platinum)	

**The Team Entry Form is to be used for the events marked with an asterisk. Otherwise use the individual entry form including for Jump & Spin and for Spotlight Couples .*

The age groupings will be determined by the Competition Chairs depending on the number of applicants in each event. When required, there will be separate groups for males and females.

SPECIAL NOTE for the 2010 BLADES OF MARCH Competition. So as not to conflict with the USFS Synchro National Championships that conclude in Minneapolis on Sat. March 6, 2010, the BOM 2010 Synchro Events are planned to be held early Sunday afternoon, on March 7, 2010.

Entry Fees

<u>Events</u>	<u>First Event Fee</u>	<u>Each Additional Event Fee</u>
All individual & couples events	\$70.00*	\$15.00
Family Entry (All family member's 1 st indiv. events)	\$95.00*	\$15.00
Jump & Spin (if only event entered)	\$20.00* each skater	N/A
Team Compulsory	\$14.00* each skater	N/A
Synchronized Skating	\$14.00* each skater	\$8.00* each skater
Family Spotlight	\$25.00* each skater (up to maximum of \$75.00 per family spotlight group of more than 3 skaters-see Team entry Form for additional Dist 10 fees for 4 or more skaters in Family Spotlight)	

*District 10 fees included.

Entry forms must be signed by your coach and mailed by your rink's Team Liaison and must be postmarked no later than **January 19, 2010**. Your rink will require you to turn in your forms to your rink liaison a few days before this due date. Please check with your rink liaison for your rink's internal due date. **Checks payable to SQSA** for the appropriate amount must be included. We reserve the right to limit the number of entries on a first-come, first-served basis. Late entries will only be accepted if accompanied by a \$20 late fee. We reserve the right to limit the number of late entries.

Make checks payable to: SQSA (SportQuestSkatingAcademy) All entries <u>must be mailed by Team Liaison</u> to
Blades of March Competition, c/o SQSA, 600 Kenwood Parkway, Minneapolis, MN 55403 Attn: Page Lipe Email: SQSA1@aol.com
<u>Entries must be postmarked no later than January 19, 2010</u> <u>You will need to get the completed form and entry fee to your rink's team liaison by your rinks deadline which will be a few days before January 19, 2010.</u>

Judges

- * All judges must be current professional members of ISI. **All** judges **must** have passed an ISI judges certification test and the most current Update Test (2010 version).
- * No individual will be allowed to judge an event where a relative is a participant.
- * No individual may be a competitor and judge in the same competition.
- * Judges must fill out a judging form and return it to the Team Liaison who will forward it to the Chief Referee.

* **Each team must follow the Participation Guidelines below or their skaters may not compete**

Number of Events	Number of Judges	Judging Time
1-10	1	2 Hours
11-21	2	2 Hours Each
22-32	3	2 Hours Each
33-44	4	2 Hours Each
45-55	5	2 Hours Each
56-66	6	2 Hours Each
67-77	7	2 Hours Each
78-88	8	2 Hours Each
89-100	10	2 Hours Each
Synchronized Teams	1 for each team	2 Hours Each

Rules

The competition will be conducted in accordance with the guidelines contained in the new edition of the I.S.I. Handbook in effect on January 1, 2010. Copies of this new publication can be obtained from: The Ice Skating Institute, 6000 Custer Road, Bldg 9, Plano, TX 75023 using the Publication Order form available at the ISI web site at www.skateisi.org or the ISI telephone 972-735-8800.

Special Note:

Based on the entries received for Artistic, Footwork, Interpretive, Spotlight & Rhythmic events, skaters may be combined into event groups as listed in the chart below:

- FS1-3 / Bronze
- FS4-5* / Silver
- FS5*-6 / Gold
- FS7-10 / Platinum

* FS5 skaters must note on their entry form if they will follow the Silver or Gold maneuver limitations for these programs.

Rink Size

Both the North and South rinks at Parade Ice Garden, 600 Kenwood Parkway, Minneapolis MN 55403 will be used for competition events. Both rink surfaces are 200' x 85'.

Verification

- * The skater should fill out the entry form and give it to his/her professional at least one week prior to the registration deadline.
- * The skating professional and Team Liaison must both sign the entry form to verify that the information on the form is correct and true. If signed by an expired or non-associate member, the form will be returned to the skater with a letter explaining why. The skater will have 5 days to return the form with the correct signature without a late fee.
- * The information on the entry form must be accurate and complete. Inaccurate and/or incomplete forms may not be accepted and may be returned.

- * Skaters must have a currently valid ISI number and the number must be listed on the form. If the skater has applied for a number and has not received it, write “applied for” in the space provided for the ISI number. **Entries are verified with ISI HQ for current membership status and test level.**
- * The Team Liaison must include an accurate mailing address including Zip Code.
- * Only entries signed and mailed by Team Liaisons will be accepted. We will return any entries sent directly by individual skaters. This is being done so that every team knows: (1) which members are competing, (2) that the forms are filled out correctly, and (3) how many hours of judging will be required.

Eligibility

- * All skaters entering competition must be individual members of ISI and currently registered with ISI.
- * **All skaters must skate at the level of the highest test passed and registered with ISI on or before 1/19/2010.**
- * Members of USFS who are also individual members registered with ISI are eligible to compete in accordance with the current ISI/USFS joint statement of policy. USFS members must have passed and registered all ISI tests up through the ISI level at which they will compete and may not skate at a Freestyle level lower than those listed in the following chart.

USFSA Test Passed

Pre-preliminary FS
 Preliminary FS
 Pre-Juvenile FS
 Juvenile FS
 Intermediate FS
 Novice FS
 Junior FS
 Senior FS
 Adult Pre-Bronze FS
 Adult Bronze FS
 Adult Silver FS
 Adult Gold FS

May compete no lower than ISI:

Freestyle 3 / Bronze Open FS
 Freestyle 4 / Silver Open FS
 Freestyle 4/ Silver Open FS
 Freestyle 6 (**change as of May 1, 2009**)/Gold Open FS
 Freestyle 6/Gold Open FS
 Freestyle 7/Platinum Open FS
 Freestyle 8/Platinum Open FS
 Freestyle 8 (change as of Jan 1, 2006)/Platinum Open FS
 Freestyle 2/Bronze Open FS
 Freestyle 3/Bronze Open FS
 Freestyle 4/Silver Open FS
 Freestyle 5/Gold Open FS

Note: USFS Moves in the Field test levels have no bearing on the corresponding ISI test level. For other than specific FS and Compulsory events, skaters may be grouped according to the new Open FS groupings. Special Note to FS5 skaters: FS5 skaters should note on the registration form in the field provided if they are opting to skate these events at the Silver or Gold level. In Open FS events skaters may skate in a higher level if they elect to, based on test equivalents, but may not skate at a lower level. USFS skaters who have only taken the ISI Open FS tests may skate up from the equivalencies noted in the chart above, but must also have passed the higher Open FS test they are competing in. (Example: a skater who has passed the USFS Preliminary FS test is eligible to compete in Silver Open FS events as long as he/she has passed the Silver Open FS test, but may compete in Gold Open FS provided the skater has also passed the Gold Open FS test). **Please note that Open FS events do have limitations on permitted maneuvers. Please see the chart on page 4 of this announcement for maneuver limitations for each Open FS grouping.**

Information on New ISI Open FS Test Track:

USFS skaters who have already passed pre preliminary, adult pre bronze or any higher tests and wish to compete in ISI Freestyle events do not need to go back and pass any previous ISI tests. They only must have passed the ISI Open Freestyle tests corresponding to their current USFS level. ISI Freestyle skaters do not have to pass any additional test(s) to compete in the Open Freestyle Event at the corresponding test level below.

If: Passed USFS Test	If: Passed ISI Tests	Then: New Open FS Level
Pre Preliminary Adult Pre Bronze Adult Bronze	FS1-3	Open Bronze Test Level
Preliminary Pre Juvenile Adult Silver	FS 4- 5	Open Silver Test Level
Juvenile Intermediate Adult Gold	FS 5-6	Open Gold Test Level
Novice Junior Senior	FS7-10	Open Platinum Test Level

BOM 2010 ISI Open Competition Event Chart

Test Level	Freestyle Duration (minutes)	Freestyle Maneuver Limitations	Artistic Duration*	Artistic Maneuver Limitations	Footwork Duration	Spotlight Duration	Spotlight Maneuver Limitations
Pre Alpha	1.0	Pre-Alpha & Below*	n/a	n/a	n/a	1.0	FS1 & below
Alpha	1.0	Alpha & Below*	n/a	n/a	n/a	1.0	FS1 & below
Beta	1.0	Beta & Below*	n/a	n/a	n/a	1.0	FS1 & below
Gamma	1.0	Gamma & below*	n/a	n/a	n/a	1.0	FS1 & below
Delta	1.0	Delta & below*	n/a	n/a	n/a	1.0	FS1 & below
FS1	1.5	FS1 & below	1.5 Not at BOM	FS4 & below	1.0	1.5	FS4 & below
FS2	1.5	FS2 & below	1.5 Not at BOM	FS4 & below	1.0	1.5	FS4 & below
FS3	1.5	FS3 & below	1.5 Not at BOM	FS4 & below	1.0	1.5	FS4 & below
Open Bronze	2.0	FS3 & below	1.5 Not at BOM	FS4 & below	1.0	1.5	FS4 & below
FS4	2.0	FS4 & below	1.5 Not at BOM	FS6 & below	1.0	1.5	FS6 & below
FS5	2.0	FS5 & below	1.5 Not at BOM	FS6 & below	1.0	1.5	FS6 & below
Open Silver	2.0	FS5 & below	1.5 Not at BOM	FS6 & below	1.0	1.5	FS6 & below
Open Gold	3.0	FS6 & Below	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS6	2.5	FS6 & Below	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS7	3.0	FS7 & Below	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS8	3.5	FS8 & Below	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS9	4.0	FS9 & Below	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS10	4.0	Any maneuvers	2.0	Any maneuvers	1.0	2.0	Any maneuvers
Open Platinum	4.0	Any maneuvers	2.0	Any maneuvers	1.0	2.0	Any maneuvers

Test Level	Rhythmic Duration	Rhythmic Maneuver Limitations
Pre Alpha		
Alpha	n/a	n/a
Beta	n/a	n/a
Gamma	n/a	n/a
Delta	n/a	n/a
FS1	1.5*	FS4 & below
FS2	1.5*	FS4 & below
FS3	1.5*	FS4 & below
Open Bronze	1.5	FS4 & below
FS4	1.5	FS6 & below
FS5	1.5	FS6 & below
Open Silver	1.5	FS6 & below
Open Gold	2.0	Any maneuvers
FS6	2.0	Any maneuvers
FS7	2.0	Any maneuvers
FS8	2.0	Any maneuvers
FS9	2.0	Any maneuvers
FS10	2.0	Any maneuvers
Open Platinum	2.0	Any maneuvers

Interpretive Maneuver Limitations
n/a
Not offered at BOM
Not offered at BOM
Not offered at BOM
Not offered at BOM
FS4 & below
FS4 & below
FS4 & below
FS4 & below
FS6 & below
FS6 & below
FS6 & below
Any maneuvers
Any maneuvers
Any maneuvers
Any maneuvers
Any maneuvers
Any maneuvers
Any maneuvers

Couples Spotlight Levels	Couples Spotlight Duration	Couples Spotlight Maneuver Limitations
Low	1.0	FS1 & Below
Low	1.0	FS1 & below
Low	1.0	FS1 & below
Low	1.0	FS1 & below
Low	1.0	FS1 & below
Medium	1.5*	FS4 & below
Medium	1.5*	FS4 & below
Medium	1.5*	FS4 & below
Medium	1.5	FS4 & below
Intermediate.	1.5	FS6 & below
Intermediate.	1.5	FS6 & below
Intermediate.	1.5	FS6 & below
High	2.0	Any maneuvers
High	2.0	Any maneuvers
High	2.0	Any maneuvers
High	2.0	Any maneuvers
High	2.0	Any maneuvers
High	2.0	Any maneuvers
High	2.0	Any maneuvers

Notes:
 Pre-Alpha – Delta programs include one maneuver from FS1
 Note: Artistic Event being offered for first time at 2010 BOM on a trial basis for FS 6-10 and Open Gold and Open Platinum skaters. In future years this event may be opened up to FS1-FS5, Open Bronze and Open Silver skaters.
 *Durations for Rhythmic Skating (FS1-3) and Couples Spotlight (Medium) reflect durations announced effective for 2010.

Registration and Music

- * Skaters must check in at the Registration Table and turn in their CD's no later than 1 hour prior to their scheduled event. Skaters must check in with the respective Rink Monitors 20 minutes prior to the start of their event. Events may start early in the event of skaters scratching from previous events.
 - * All music must be recorded on standard size CDs and labeled. The label must include: the competitor's name, team name, event and age group.
 - * The lead time before the program must not exceed 15 seconds.
 - * Please have a back-up with you for each tape or CD needed for this competition. Only one program should be on each CD.
 - * CDs should be picked up at the Registration Table after the event has been completed.
- Practice Ice: Practice Ice will be offered Saturday Morning and may be offered Sunday Morning. Available practice times and sessions will be determined in late January after entries are processed.

Web Site:

- * Visit www.sqsaparade.com starting in late January 2010 for information on actual competition schedule, available practice ice and any other updated information. Preliminary competition schedule is posted in late January and final schedule is usually posted in mid February. There may be minor time changes in events and resurfacings when final schedule is posted.

Hotels

Parade Ice Garden is located next to downtown Minneapolis, and adjacent to the world renowned Walker Art Center and the Minneapolis Sculpture Garden and minutes away from a wide range of Hotels and Restaurants. If you need any assistance or information in this regard, please contact Page Lipe at SQSA1@aol.com.

Awards Presentations

- * As soon as results are posted, skaters should proceed to the Awards Table. Awards will be presented as skaters report to the Awards Table.
- * Synchronized awards may be held 'on ice' at the conclusion of the Synchronized events if time allows.
- * Team Trophies will be awarded at the conclusion of the competition. Please arrange to have a representative present.
- * The results for each event will be posted in the rink for places 1 through 5 as soon as they are tallied. The posted results will follow the ISI guidelines of listing only the places and not the actual scores.
- * Every individual competitor who places below 5th place will be listed as in 6th place.

Points and Awards

- The 2010 Blades of March ISI Open Competition is observing the ISI Team Point Structure announced October 19, 2005 for Individual and Team Events.

The following team event entries - Synchro and Team Compulsory - will receive 5 Participation Points in addition to the Placement Points listed below:

<u>Place</u>	<u>Points</u>	<u>Team Events</u>
1 st place	25 Team Points	Trophy and/or Medals
2 nd place	20 Team Points	Trophy and/or Medals
3 rd place	15 Team Points	Trophy and/or Medals
4 th place	10 Team Points	Trophy and/or Medals
5 th place	5 Team Points	Trophy and/or Medals

All other event entries receive 1 Participation Point in addition to the Placement Points listed below:

<u>Place</u>	<u>Points</u>	<u>Individual Event</u>
1 st place each event	5 Team Points	Trophy or Medal
2 nd place each event	4 Team Points	Trophy or Medal
3 rd place each event	3 Team Points	Trophy or Medal
4 th place each event	2 Team Points	Medal
5 th place each event	1 Team Point	Medal

Team Trophy Points and Awards

<u>Place</u>	<u>Criteria</u>	<u>Award</u>
1 st Place	Highest total team points	Trophy or Plaque
2 nd Place	2 nd highest total team points	Trophy or Plaque
3 rd Place	3 rd highest total team points	Trophy or Plaque
Percentage Trophy	Highest points-per-event average for smaller teams	Trophy or Plaque

Accounting Review Requests (ARR)

- * ARR must be submitted by a Team Coach to the Chief Referee no later than 1 hour after the results in question have been posted.
 - * The ARR must be in writing and accompanied by a \$25.00 fee. The fee is refundable only if the ARR is upheld.
 - * The Chief Referee's decision will be final. ARR concerning judgment will not be considered.
- The Chief Referee will have the authority to resolve any unforeseen problems or questions which may arise during the competition.

General Rules

- * All routines shall start from a stationary position. **The timing of the routine will start with any action after the music starts.**
- * Skaters in all events are permitted to perform any maneuvers out of a lower test level.
- * If the wrong music is played and the skater stops and notifies the referee within the first 20 seconds, the skater may re-skate the program.
- * The designated referee will decide the action on any mishap or unforeseen difficulty. An untied skate or forgotten program falls under the referee's jurisdiction.
- * **The Chief Referee has the right to refuse entries or assess a penalty to teams or arenas not supplying an adequate number of judges.**
- * No coaching is allowed during interpretive or stroking events.
- * Uncaptured gliding maneuvers may be performed at any level.
- * Uncaptured jumps and spins may be performed as stated in the current ISI Competitors Handbook in effect for 2010.

Duration

- * There will be a ten second leeway on all programs with set duration times.
- * Judging will stop 10 seconds over the prescribed time.
- * Skating 11-14 seconds over the prescribed time will result in a score of 8 for duration.
- * Skating 15 seconds or more over the prescribed time will result in a score of 5 for duration.
- * There is no penalty for skating under the prescribed time

See Competition Event Chart on Page 4 for events and durations based on event level.

Team Event Durations

Family Spotlight 1 ½ minutes

Team Compulsory 3- 3 ½ minutes

Synchronized Skating New Durations were effective Jan 1, 2007 and other rules are summarized starting on page 10 of this announcement. Please refer to ISI rulebook.

All competition rules will be in accordance with the current ISI Handbook in effect at the time of the competition. Should anything in the below summary rules not be clear, the current ISI official publications will govern the events.

Pre-Alpha-Delta Program Rules

Skaters will execute all compulsory moves listed in the ISI Skater and Coaches Handbook for their level in a one minute program WITH MUSIC of their choice. Skaters in Pre Alpha thru Delta must add ONLY one additional maneuver from Freestyle 1 to their program. In Delta the skater has a 'choice-of-one' maneuver listed in the Handbook. Only the one selected maneuver should be performed. In case of misinterpretation and the Delta skater executes both 'choice-of-one' elements, only the first of these performed will be graded.

Traditional Track: Freestyle 1-10 Program Rules

- * Freestyle 1-10 skaters are **not** permitted to perform a maneuver from a higher test.
- * **The penalty for doing an illegal additional maneuver will be a score of 2.0 for "Extra Content".**

- * Freestyle 2, 3, 4, 5, 6, 7, 8 & 9 skaters require a mandatory dance step sequence for the respective level to be performed according to the most current ISI Skater and Coaches Handbook.
- * For Freestyle levels in which certain maneuvers are listed in the Handbook as ‘choice-of-one’, in the event the skater misinterprets and performs both optional maneuvers, only the first such ‘choice-of-one’ maneuver will be graded.
- * Skater must have passed the specific FS# test in order to compete in that event. There is no skating up in the traditional track FS# program events.

Skaters who compete in the traditional test track events can also sign up to compete in the new Open Freestyle event, at the corresponding level, as shown in the chart on page 3.

New Track: Open Freestyle Program Rules

For the Open Freestyle competition events, there are NO REQUIRED MANEUVERS in an Open Freestyle Competition program. Emphasis is on a **well balanced** program containing jumps, spins, footwork and connecting moves. Event judging criteria: correctness, variety of moves, music interpretation, choreography and pattern, posture, presentation, duration and general overall. There are maneuver limitations. **Please refer to the Competition Event Chart on page 4 for program time durations and summary of maneuver limitations for each Open FS level.**

Stroking (Pre-Alpha – Freestyle 3)

- * Skaters will be grouped by age and test levels. Skaters in the same age/level group will perform at the same time.
- * Skaters will be asked to perform as a group, forward stroking in both directions to music of different tempos selected by the host rink. Crossovers are optional and will not be judged.
- * There will be NO warm-up for stroking events.
- * Coaches may not assist their skaters during the event.

Compulsory Freestyle 1-10 Rules

There is NO music for Compulsory Programs. The 3 below listed pre-selected maneuvers applicable to each level are to be performed ONE time in a pre-choreographed program with a minimum amount of connecting maneuvers. Additional maneuvers such as jumps, spins, or gliding maneuvers from a test level or uncaptured moves, are not allowed, such as toe taps, tap toes, lunges, bunny hops, pivots, etc. After skater has reached starting position on the ice, the announcer will say “Skater, you may begin.” Depending on number of entries Compulsory events up through FS5 may be divided into ½ sheet of ice. Skaters will be assigned to the Zamboni end or the Lobby end.

Levels and Maneuvers

<u>Level</u>	<u>Maneuvers</u>	<u>Level</u>	<u>Maneuvers</u>
<u>FS1</u>	two foot spin waltz jump forward arabesque	<u>FS6</u>	split jump double salchow spin combination w/change of foot and position
<u>FS2</u>	ballet jump ½ lutz one foot spin	<u>FS7</u>	double toe loop or double toe walley walley sequence flying camel
<u>FS3</u>	Salchow jump change foot spin toe loop	<u>FS8</u>	Flying Sit Spin or Open Axel Sit Spin double loop jump split lutz
<u>FS4</u>	loop jump sit spin flip jump	<u>FS9</u>	double lutz axel-double loop flying camel spin into a jump sit spin
<u>FS5</u>	lutz axel jump camel spin	<u>FS10</u>	death drop triple edge jump double axel - double toe loop combination

Skaters who have only passed the new Open FS tests and who enter Compulsory must compete in the following Compulsory Event Levels:

Skaters who have only passed the Bronze Open FS test must compete in Compulsory FS3, skaters who have passed the Silver Open FS test must compete in Compulsory FS5, skaters who have passed the Gold Open FS test must compete in Compulsory FS6, while skaters who have passed the Platinum Open FS test may choose to compete in Compulsory FS7 or FS8 or FS9 or FS10 (circle level on the registration form).

Footwork Rules (Freestyle 1-10)

- * Skaters are grouped together by age and ability level, and perform to music a program containing a footwork sequence of their own design.
 - * **One half** rotation jumps and spins of less than 3 revolutions are permitted. (Note: ½ loop is a **full** rotation jump).
- See chart on page 4 for limits on footwork program duration.**

Interpretive (Freestyle 1-10)

- * In this event, the skater interprets a piece of music which is heard for the first time just prior to the competition. Some groups may be given a prop to use in their routine. No outside instruction is permitted from coaches, the audience or other skaters during this event.
- * **See chart on page 4 for limitations on permitted maneuvers for each test level.**
- * Depending on number of entries, Interpretive Events may be split into two judging panels with 2 skaters performing at the same time. Each panel will judge only one skater. Different colored sashes will be supplied to identify the skaters to the judging panels.

Spotlight Events (Pre-Alpha through Freestyle 10 and Open Bronze through Open Platinum)

- * Skaters are not permitted to exit the ice **during** a performance. This includes sitting on the surrounding barriers or boards.
- * Props must fit through a 35-inch wide door. Skaters can have assistance at the ice door, but must be able to get on and off the ice in 1 trip of less than 30 seconds.
- * Duration Clarification: Timing starts with **any** action after the music starts (even if the feet are not moving).

Other Notes regarding Spotlight Events

Note: Skaters may sign up for, and perform different programs in more than one spotlight event in different categories (e.g. a skater may enter and perform different programs for dramatic spotlight and character spotlight, etc), but should recognize that they may not have very long between spotlight events. We will try and allow for 10-15 minutes for a skater competing in more than one spotlight event but no guarantees are made. No refunds will be issued.

- * Solo Events: Skaters are judged on costume and prop, music and choreography, judges' appeal, originality and duration. Spotlight levels may be grouped by the Competition Director in categories:
 - * **Light Entertainment** To entertain in a refreshing light-hearted vaudeville fashion using music, costumes, props (optional), comedy, dance and skating moves. .
 - * **Character Solo** Skaters portray a famous, easily identifiable character through the use of music, costume, props (optional) and the skater's actions. Examples: Pink Panther, Superman, Mickey Mouse, Annie, Daffy Duck.
 - * **Dramatic Spotlight** An artistic theatrical performance by individual skaters that evokes an emotional response from the judges and audience. The skater's interpretation should create a mood that is enhanced by the style, creativity, costuming and props (optional). The overall impression at the conclusion of the performance should be that it was a dramatic performance, not light-hearted, as in the light entertainment category.
 - * **Couples Spotlight Event** Two skaters together perform a routine that is entertaining, emotional or a portrayal of characters using costume and props (optional). If partners from two different category levels want to compete together, they must be prepared to follow the maneuver limitations of the higher test level skater category. List your partner's name on the registration form in the line by Spotlight Couples.
- See chart on page 4 for permitted duration and limitations on permitted maneuvers for Solo and Couples Spotlight events.**

Rhythmic Skating:

This entertaining routine requires the use of one of the hand props listed below and music of the skater's choice. The program should contain elements that employ the use of these props throughout. The skater must maintain control of their prop at all times. Spotlight entrance and exit rules apply. Props must be listed on the entry form as groups are divided

by prop type. Props will NOT be allowed on the warm up. Judges criteria will be: Judges' Appeal, Music, Choreography, Costume, Duration and Use of Prop.

Choice of One:

Hoop Wood or plastic (it must be rigid, non bending material) with a permissible diameter of 2'7" to 2' 11".

Ball Rubber or plastic with a diameter of 7 3/4"

Ribbon Ribbon made of satin or non starched fabric, between 2" and 4" wide, with a minimum length of 2 yards and a maximum length of 4 yards, attached to the end of a stick of between 20" and 30" in length, made out of wood, plastic or fiberglass.

See chart on page 4 for time durations and limitations on maneuvers in Rhythmic skating events.

Artistic Solo (FS6-10 or Open Gold or Open Platinum)

This event is new for Blades of March 2010. There are no required moves in an Artistic program. Emphasis should be placed on the creative and innovative design of a skating program. Strong edges, body positions, flow, music interpretation, rhythm, choreography and artistry should be the main focus of an Artistic program. There are no required moves and there is no technical score in this event.; **Refer to the Event Chart on page 4 for durations and limitations on maneuvers for different test levels.** (For 2010 we are introducing this event for FS6-10, Open Gold and Open Platinum Skaters. We will assess the event following the 2010 BOM and decide on opening this event to FS1-5, Open Bronze and Open Silver skaters for the following year).

JUMP & SPIN TEAMS (sign up on the Individual entry form and list your partner name in the space provided)

This fun event is for teams of two (2) skaters. The teams can be made up of two friends in the same level category, but not necessarily the same test level. Skater may skate above, but cannot skate below their Category Level. Within each Category Level, a skater's choice is not restricted by her/his Freestyle test level. If two skaters from different category levels wish to compete together, the jump & spin team will be entered into the highest level of the 2 skaters. Skaters who have only passed the Open FS test track can enter this event but cannot skate below their corresponding category levels (Bronze = Medium, Silver= Intermediate, Gold & Platinum = High).

Category Levels:	Low	Pre-Alpha – Delta
	Medium	Freestyle 1 -3
	Intermediate	Freestyle 4 -5
	High	Freestyle 6 -10

Required Maneuvers

Low:	Jump:	Two Foot Hop or Bunny Hop
	Spin:	Two Foot
Medium:	Jump:	1/2 Flip or Toe Loop
	Spin:	Two Foot or One Foot
Intermediate:	Jump:	1/2 Loop or Axel
	Spin:	Sit Spin or Back Spin
High:	Jump:	Double Salchow or Double Loop
	Spin:	Flying Camel or Flying Sit

One team of two (2) skaters enters the ice together and stops. The first skater begins and performs the same jump two (2) times. After the second attempt, the first skater stops. The second skater then begins to perform the same spin two (2) times. After the second attempt, the second skater stops.

The same Maneuver is performed 2 times, **but only the best attempt is scored.** The maneuvers are only judged for technical accuracy – and not for the difficulty of the maneuver performed.

Depending on number of entries, Low, Medium, and Intermediate may be performed on 1/2 sheet of ice, with skaters assigned to either Zamboni end or Lobby end. Full ice will be used for all High Teams. Teams will have a warm-up.

Additional maneuvers and connecting steps are not permitted. Duration is not judged, however, team duration is one (1) minute.

Skater substitutions are permitted at the discretion of the Competition Director; however, **a skater may participate on only one (1) Jump & Spin Team at each competition.**

TEAM EVENTS:

Family Spotlight: (sign up using the Team entry form)

Two or more family members can perform an entertaining spotlight routine using costumes and props. If necessary, the event groupings are divided first by the number of skaters and then by age groups and/or ability levels. Duration 1 ½ minutes.

Team Compulsory (Freestyle 1-10) (sign up using the Team entry form)

- Freestyle 1 – 5 consists of a team of 6 skaters who compete together on a certain level, each performing one of the required compulsory maneuvers from the specified level.
- Freestyle 6 – 10 consists of a team of 7 skaters.
- Music is required. Suggested time is 3 minutes, with a maximum of 3 ½ minutes.
- A team may consist of 6 (or 7) skaters of any age, male and/or female. Because unforeseen circumstances can leave a team one member short, it is strongly advised that all teams have an alternate skater on hand at all times. Teams may skate one member short; however, only one maneuver may be performed per skater. Thus, a team will automatically receive a 0 for a missed maneuver. New rule for 2008: **Individual skaters may participate on up to two team compulsory teams.**
- **Maneuvers must be performed in the order listed on the Test Standards. Teams that perform a required maneuver out of order will receive a grade of 2.0 under “Correctness”.**
- **Additional maneuvers from a higher level are not permitted in Team Compulsory events. A penalty grade of 2.0 under “Correctness” will apply.**
- Groups may be further divided by age.
- No skater at any Freestyle level is permitted to skate below the level registered at the ISI National Office. A skater may skate above his/her level (E.G. a FS3 skater may skate on a FS5 team, not on a FS 2 team).
- Skaters who have only passed the new ISI Open FS tests may participate in Team Compulsory events, with the same limitation that they may skate up, but not down based on the Open FS / FS equivalences listed on page 3.

Synchronized Skating

NEW RULE REVISIONS CAME INTO EFFECT AS OF JANUARY 1, 2008. These include updated age group definition. A summary of these revisions follows below. However coaches please consult the ISI web site for availability of ISI handbook revision, which was pending as of the date this competition announcement was prepared.

- A skater may compete on up to three teams in the synchronized categories if the age requirements are met. New for 2008: If the skaters' ages split evenly among age divisions, the team must compete in the higher age division.
- Synchronized teams must contain a minimum of 8 members. The Synchronized team entry form must be complete in listing every team member's name, age (as of 7/1/09) and individual ISI number. Synchronized Skating, (Dance) and Formation teams are limited to no more than 24 skaters.
- All ISI Synchronized Teams are required to register annually with ISI headquarters, free of charge, and will be given a number. **This number is required on the entry form.**
- Synchronized teams will compete with teams that are similar in age and ability level as determined by the Competition Chairs and the Competition Director
- Lifts are restricted to the teen skating (and synchronized dance) events only. The lifting hand of the lifter(s) shall not extend higher than their head(s),
- Acrobatic Lifts: moves in which the skater is only held by the blade(s), foot (feet), leg(s), arm(s) and swung around. Acrobatic lifts are **not** allowed. All lifts where the lifted skater(s) is in a totally vertical sustained position with the head down are considered expressions of acrobatics and therefore illegal. Assisted vaults or other lifts where the lifting skater is rotating around himself are allowed provided there is no sustained, totally vertical position with the head down.
- Backward spiral intersections are not allowed at any level.
- Penalties: 2.0 Correctness for Formation teams who do lifts or acrobatic moves and 2.0 Technical Merit for Skating (or Dance) teams who do lifts, restricted lifts, backward spiral intersections or acrobatic moves,
- Competition Attire: We strongly suggest teams use a method called 'sewing' hair to secure hair for performances. Bobby pins are **not** allowed. Costumes that alter the surface of the ice are not permitted. Items that fall from a costume would alter the surface of the ice. If the item that falls is picked up immediately after the performance no deduction will be

given. Penalties: 2.0 Correctness/Technical merit for teams that do not retrieve fallen items from the ice immediately after the performance.

- Jumps (single rotation and below) are permitted at any level in the skating and dance categories.
- Axels are permitted in the skating and dance categories with less than half the team performing the jump at any time.
- Spins are restricted to upright spins in the Tot and all Youth (Jr. Youth, Youth and Sr. Youth) age groupings. Any spins are allowed at the Teen and Adult skating levels.
- No lifts or rotation jumps are allowed in the formation events. Please see the ISI handbook for 'Synchro Formation' event(s) requirements and limitations. The new 2010 requirement for the Synchro Formation Shoulder Hold Position that both shoulders be held will be observed.
- No double or triple jumps are allowed at any level.

Division	Age Groups as of July 1, 2009	Duration: Synchro Skating Team Skating Program (new)	Duration: Synchro Formation Team Skating Program (new)
Tots	Majority 6 years or younger	2:00 (10 sec leeway)	3:00 (10 sec leeway)
Jr. Youth	Majority 8 years or younger	2:30 (10 sec leeway)	3:30 (10 sec leeway)
Youth	Majority 9-11 years	3:00 (10 sec leeway)	3:30 (10 sec leeway)
Senior Youth	Majority 12-14 years	3:30 (10 sec leeway)	3:30 (10 sec leeway)
Teen	Majority 14-19 years	4:30 (10 sec leeway)	4:00 (10 sec leeway)
Adult	Majority 20 years or older	3:30 (10 sec leeway)	4:00 (10 sec leeway)

- Duration for Synchro Skating Team Compulsory remains the same at 2:30 (10 sec leeway) and for Synchronized Formation Team Compulsory at 1:45 (10 sec leeway).

All Synchronized Skating Events will be held in accordance with the requirements listed in the most current ISI Handbook in effect including any revisions announced for 2009-2010, that will in effect at the time of the 2010 Blades of March ISI Open competition.

**CONTACT INFORMATION REGARDING 2010 PARADE FSC BLADES OF
MARCH COMPETITION QUESTIONS:
(please post at your rink)**

Chief Referee and Competition Advisor: Jean Albrightson

BOMreferee@sqsaparade.com

Competition Director: Page Lipe email director@sqsaparade.com or
SQSA1@aol.com tel 612-209-8382

Competition Chairs:

Anne Hussian email: BOMchair@sqsaparade.com

Nicole Sela email: BOMchair@sqsaparade.com

Competition Registration: Questions on entries, scheduling, practice ice: email
SQSA1@aol.com or director@sqsaparade.com

For additional copies of all registration information materials, individual
and team entry forms, and starting in late January 2010 information
regarding competition schedule and times, and practice ice, please visit
our

NEW WEB SITE www.sqsaparade.com

Team Entry Form
Please PRINT all information
2010 Blades of March ISI Open Competition March 6-7, 2010
For complete competition information, rules & announcement please go to www.sqsaparade.com

Name of Group _____ Representing _____

Address _____ City/State/Zip _____

Instructor/Coaches Name (PRINT) _____ Synchro Team ISI Reg #: _____

Is any skater in your Team affected by following declaration? Are you an active USFS member that has competed at or above the Novice Level at any USFS National Championships within the last 2 years? YES _____ NO _____ If Yes please provide details.

- INDICATE CATEGORY**
- ___ Synchronized Skating Team
 - ___ Synchronized Skating Compulsory
 - ___ Synchronized Formation Team
 - ___ Synchronized Formation Compulsory
 - ___ Team Compulsory Level FS _____
 - ___ Family Spotlight (# in group _____)

- INDICATE AGE**
- ___ Tots Majority 6 years or younger
 - ___ Jr. Youth Majority 8 years or younger
 - ___ Youth Majority 9-11 years
 - ___ Sr. Youth Majority 12-14 years
 - ___ Teen Majority 14-19 years
 - ___ Adult Team - majority of skaters 20 & over

FEES:

Team Compulsory: # _____ skaters X \$14.00 (includes District 10 \$1.00 per skater per team event fees)=\$ _____

Synchronized Skating: \$14.00 each skater; \$8.00 each skater for an additional synchro event
 1st event _____ skaters x \$14.00 (includes District 10 \$1.00 per skater per team event fees) = \$ _____
 2nd event _____ skaters x \$ 8.00 (includes District 10 \$1.00 per skater per team event fees) = \$ _____

Family Spotlight: \$25.00 per skater in family spotlight group includes \$1.00 Dist 10 fee per skater in the family for first 3 skaters up to maximum family spotlight entry fee of \$75.00 plus 1.00 Dist 10 fee per ea. skater in the family group beyond first 3 skaters.
 (Summary: Family Spotlight with 2 skaters: \$50.00 fee; 3 skaters: \$75.00 fee; 4 skaters or more \$75.00 fee + \$1.00 ISI Dist 10 fee per each additional skater beyond 3) Enter Family Spotlight Entry Fee: _____

Make Checks Payable to: SQSA (SportQuest Skating Academy)

Name	Age as of 7/1/09	ISI Number	Name	Age as of 7/1/09	ISI Number
1 _____			16 _____		
2 _____			17 _____		
3 _____			18 _____		
4 _____			19 _____		
5 _____			20 _____		
6 _____			21 _____		
7 _____			22 _____		
8 _____			23 _____		
9 _____			24 _____		
10 _____			Alternates _____		
11 _____			_____		
12 _____					
13 _____					
14 _____					
15 _____					

If a Synchro Team is signing up for different events and skates a different team make-up (such as using Synchro Skating alternates in Synchro Compulsory), we request, if possible separate list of expected starting skaters.

COACH AND TEAM LIAISON VERIFICATION ON REVERSE SIDE MUST BE COMPLETED FOR ENTRY TO BE ACCEPTED.

Required Verifications:

Team Name: _____ Representing: _____

Event(s) _____ Age Division: _____

A. COACH VERIFICATION: *I declare the information on this form to be true and accurate. All skaters have correct individual ISI memberships. I have notified all team members that they skate at their own risk and release ISI and the home rink and their personnel from all liability. I understand that Synchronized Team entries must supply one qualified judge for a two hour block.*

I have passed the ISI Judges Certification Test Level: Gold Silver Bronze Synchro '10 Update

Signature _____

Printed Name: _____

ISI Associate # _____ Expires _____ Phone#: _____

Coach Mailing Address: _____ City State Zip _____

Coach Email Address: _____

B. TEAM LIAISON VERIFICATION: *I declare the information on this form to be true and accurate.*

Signature _____

Printed Name _____

ISI Associate # _____ Expires _____ Phone # _____

Address _____ City, State, Zip _____

Team Liaison's Email Address: _____

All entries and fees must be mailed by Team Liaison to:
Blades of March Competition, c/o SQSA, 600 Kenwood Pkwy, Minneapolis, MN 55403
Contact: Page Lipe Email: SQSA1@aol.com or tel 612-209-8382
Entries must be postmarked no later than January 19, 2010. Issue checks to SQSA

2010 Blades of March ISI Open Competition

March 6 • Individual Entry Form • March 7

For complete competition information, rules and announcement please go to new web site www.sqsaparade.com

Skater's Name _____ **Phone #** _____

Address _____ **Age as of 3/6/10:** _____ **Sex** _____

City, State, Zip _____ **Birthdate** _____

Home Rink _____ **ISI#** _____ **ISI Level Passed:** _____

Open ISI FS test passed: _____ If applicable: I have passed ISI FS5 and I prefer to be assigned to **Silver Gold** (circle 1) events for events which may be grouped according to the new ISI Open FS levels.

Note Test Deadline of 1/19/10 is date by which tests have to be registered at ISI HQ.

Primary Email Address for communications (parent/guardian): _____

Are you an active USFS member that has competed at or above the Novice Level at any USFS National Championships within the last 2 years?
 YES _____ NO _____

- Please check the events in which you wish to compete:**
- Solo Program**
(Pre-Alpha – Delta)
 - Stroking**
(Pre-Alpha – FS3)
 - Freestyle**
(FS1 - 10)
 - Freestyle Open**-select level:
(Bronze FS1-3____, Silver FS4-5____,
Gold FS5-6____, Platin. FS7-10____)
 - Compulsory** circle:
(FS1, 2, 3, 4, 5, 6, 7, 8, 9, 10)
 - Footwork**
(FS1 – 10 or by Open FS levels)
 - Interpretive**
(FS1 – 10 or by Open FS levels)
 - Special Skater**
(FS1 - 10)
Solo Spotlight-check
(Pre-Alpha – FS10 or by Open FS)
 character
 light entertainment
 dramatic
 - Jump & Spin** circle:
(Low Med Int High)
- Partner _____
- Couples' Spotlight** circle
(Low Medium Int. High)
- Partner _____
- New: **Artistic Skating**
(FS 6-10 or Gold Platin. Open FS)
 - Rhythmic Skating** (FS 1-10 or by
Open FS levels)
circle prop: Ribbon Ball Hoop

Individual Event Entry Fees

First Event:	\$70*
Family Entry (all family members' first event):	\$95*
Couple (per pair, if only event):	\$65*
Jump & Spin (per skater if only event entered)	\$20*
Each Additional Event :	\$15*
Late Fee:	\$20

(if postmarked after 1/19/10. **THIS WILL BE ENFORCED!**)

Total Enclosed \$ _____

*ISI District 10 fees included

Make checks payable to: SQSA and give to your Team Liaison along with this form. Questions? Email Page Lipe at SQSA1@aol.com

Required Verifications
Parent/Guardian & Skater Verification – Must be completed fully.

I skate at my own risk for the _____ Team.

I release ISI, the host rink, and its personnel from any liability.

Signature of Skater: _____ Date: _____

Signature of Skater's Guardian: _____ Date: _____

Coach Verification: I declare the information on this form to be true and correct. I understand that coaches of competing skaters are required to serve as competition judges. I have passed ISI Judges' Certification

Level (Circle): Gold Silver Bronze Synchro '10 Update

Signature: _____ Phone # _____

Print Coach Name: _____

ISI Associate # _____ Email: _____

Team Liaison Verification (must be completed): I declare the information on this form to be true and correct.

Team Liaison Printed Name _____

ISI # _____ Phone Number _____

Address _____

City State Zip: _____

Email Address: _____

Signature: _____

*All entries and fees **must be mailed by the Team Liaison** to:
 Blades of March Competition, c/o SQSA, 600
 Kenwood Pkwy, Minneapolis, MN 55403
**Entries must be postmarked no later than
 January 19, 2010 (Your rink's liaison will
 need forms a few days before!)***